



DECEMBER 2025/JANUARY 2026

## A NOTE FROM THE PASTOR



Dearest Heart of Longmont Family,

It's hard to believe that the season of Advent is upon us and Christmas is almost here!

Personally, I love

the season of Advent. It's a time when Christ's light breaks into the darkness, when hope defies all odds, and when miracles take center stage. Advent is one of the most sacred times of the year and it's a reminder that God is near, joy is coming, and love is being born into the world.

I want to thank everyone for their prayers, love, and support during this season. Russ and I are grateful for everyone's willingness to enter into our adoption story with excitement and care. With that said, Russ and I are thrilled to report that we have "matched" with an expectant mother from Arizona due February 2 with a baby girl! Russ and I would greatly appreciate prayers for health, peace, and safety for the expectant mother and this precious baby. We are beyond thrilled this amazing woman chose us to parent her child.

I want you to know that I have been working diligently to put a plan in place for when I'm on maternity leave. I'm grateful that our Heart of Longmont Leadership Council and our District Superintendent, Rev. Jessica Rooks, have formally approved a 12-week parental

leave for me. In addition to my maternity leave plan, Heart of Longmont has a team of talented, supportive leaders ready to step in and ensure continuity in worship, pastoral care, programming, and leadership. Our church is so blessed with capable and called individuals who love this congregation deeply and I'm confident you all will be in excellent hands.

The new 2026 year will bring several changes to our leadership team and I want to thank everyone who's served on various committees in 2025 and all those who are coming into leadership.

I especially want to take a moment to express my abundant gratitude for Edy-Kay Ward, who has served faithfully and tirelessly as our Lay Leader for the past three years. Her dedication, grace, and leadership have been such a gift to me and the Heart of Longmont church family. Thank you, Edy-Kay, for your steady presence, your deep care for this congregation, and your willingness to serve in so many ways.

As Edy-Kay concludes her term, I am delighted to share that Owen Chamberlain has been unanimously recommended by our Nominations committee to serve as our new Lay Leader! Owen is incredibly gifted in strategy, visioning, and organizational leadership. I am excited for the wisdom, perspective, and passion he will bring to our leadership team. Thank you, Owen, for saying "yes" to this important role!

Finally, I am overjoyed to invite you into our Advent worship series "What Do You Fear? Insisting on Hope This Advent." Luke begins his Gospel

with the words, "In the time of Herod..." This is a reminder that Jesus entered a world gripped by fear, oppression, and uncertainty. A world not unlike our own. Yet into that fearful world came angels proclaiming again and again: "Do not be afraid." Mary, Joseph, the shepherds, and the other characters in the Christmas story didn't pretend fear wasn't real. Instead, they moved through their fear with courage, faith, and hope.

This December, we will name our fears honestly: the ones that keep us up at night, the ones that divide and paralyze, and the fears used as tools of oppression in our world. And in this midst of this, we will insist that hope always has the final word. When we light candles, sing carols, and prepare for Christ's coming, we declare that God breaks into fearful places with love stronger than any other force.

Our hope is not flimsy. It's gritty, resilient, and rooted in the Good News that our Savior loves us so much He took on flesh and became Emmanuel: God with us.

Thank you for being a community where hope is practiced, shared, and embodied. Thank you for walking alongside Russ and I with love and encouragement during this unfolding adoption season. And thank you for bringing the light of Christ into this weary world through your words, actions, and attitudes.

With Joy and Gratitude,

—REV. ANGIE DORNISCH

## A NOTE FROM THE EDITOR

This issue of the Heart Newsletter combines December 2025 and January 2026. The Heart will return after a holiday break with more worshipful moments and updates in February 2026, including recaps of all our holiday offerings. The Weekly Pulse will continue with week to week updates. Thank you for being with us in 2025 and we look forward to sharing our church happenings with you in 2026! Happy Christmas to you and yours and a very Happy New Year!

—THE EDITOR

# WORSHIPFUL MOMENTS

## FALL WORK DAY!



## UKEMI (THE JAPANESE ART OF FALLING) CLASS



*The October Ukemi Class. There were seven students including the oldest person the instructor has ever taught: 90 year old Irene Floreth!*

## CHEF HEARTY BUILD DAY



*Building a tasty Goulash meal kit for our Wild Plum families!*

# WESLEY TOWNHOMES RIBBON CUTTING CEREMONY OCTOBER 23



*Interior of one of the Wesley Townhomes, ready and waiting for a new family to move in!*



*Rod Edmonds and Kelly Keitman, the lead architect for Wesley Townhomes.*

*Rod and Joan Edmonds*

*Rod Edmonds speaking at the ribbon cutting ceremony.*

## LONGMONT HALLOWEEN PARADE



Heart of Longmont members and kids at the Longmont Halloween Parade!



Russ Dornisch and Owen Chamberlain walking with Piper Chamberlain in the Longmont Halloween Parade



## SPOOKY SOUP



## HALLOWEEN BASH TRUNK OR TREAT AT LPUMC



CONTINUED ON PAGE 6!

## HALLOWEEN BASH CONTINUED...



## CELEBRATION SUNDAY



Nearly 100 people gathered in fellowship for Celebration Sunday!

## CHEF HEARTY FOR THE HOLIDAYS



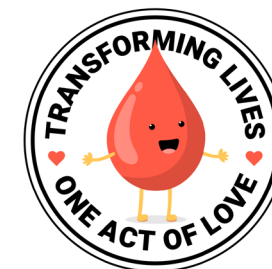
Our next Chef Hearty build day is Sunday, December 14, after worship service and Chef Hearty wants YOU to join us!

During our last Chef Hearty build in November, we filled Chef Hearty bags with the makings for a delicious Goulash. (Check out some photos on page 2!) "Thank you" texts started to come in that same night.

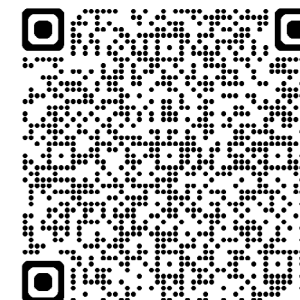
Providing our Wild Plum families a healthy meal that they don't have to purchase or think about makes a big difference, especially to those who haven't received their SNAP benefits.

Join us on Sunday, December 14, after service to fill cute Chef Hearty bags with yummy ingredients for a vegetable stew to warm a cold winter night!

## SAVE LIVES: DONATE BLOOD



Every one of us is essential to moving the world forward. Vitalant needs to collect more than 4,500 blood donations every day to meet patient needs, so this Blood Drive on Sunday, January 25, is an opportunity to transform your life and the lives of so many others. Join us January 25 either before, during or after our worship service to help save a life one pint of blood at a time! Scan the QR code at right or [click here](#) to sign up.



## WILD PLUM FOOD PANTRY



Working together to make a food pantry for our Wild Plum families and staff. Thank you to everyone who helped organize this effort and to all those who have made donations!

## WILD PLUM FOOD DRIVE

We invite donations of non-perishable food items to help support our Wild Plum families and staff.

Please put your donations in the blue donation bins in the Gallery.



## WILD PLUM FOOD DRIVE

Due to the SNAP benefits crisis, our Wild Plum families and staff have an URGENT need for food. We invite you, if you are able, to bring non-perishable, staple groceries to the blue collection bin in the gallery. Staple groceries are items like bread, peanut butter, canned meat/vegetables/fruit, soups, rice, beans, or pasta. Help us help others! If you have questions, please don't hesitate to call the church office.

# WHO TELLS THE STORY

from Joan Edmonds

Who is telling the story—your story, the story of your Black neighbor, or the story of the Spanish-speaking clerk at the store?

Storytelling holds tremendous power. Norma Johnson, a Black woman and gifted poet, uses her words to give voice to her experience. Amanda Cherry, a white middle school language arts teacher, helps others find and share their own stories. Together, they bring an impactful message about the importance of storytelling and the courage it takes to speak truth.

Norma reminds us, “If you don’t tell your story, someone else will—and that is the power of your own voice.”

Norma and Amanda don’t just talk about racism; they call us to action; to tell the



Amanda Cherry (left) and Norma Johnson (right)

stories that have been silenced, ignored, or misunderstood.

On January 25, you’ll have a unique opportunity to experience this transformative conversation. Amanda and Norma will invite us to listen deeply, confront the stories we too often overlook, and open ourselves to perspectives beyond our own.

We’ll leave not only inspired, but also charged with the responsibility to amplify voices that need to be heard.

Through partnership across differences, we can build understanding and create lasting social change—one story at a time.

Watch for more details from your Mission Design Team about how you can take part in this powerful, life-changing experience.



# MEET PATRICK BOOTH — OUR MISSIONARY COVENANT PARTNER

from Joan Edmonds

The Heart of Longmont Mission Design Team is honored to enter into a covenant relationship with missionary Patrick Booth, supporting his ministry through prayer and a financial commitment of \$2,000. The December Compassion Offering will help further Patrick’s mission and the life-changing work he leads in Cambodia.

Patrick serves as a United Methodist missionary with the General Board of Global Ministries, where he is the co-director of Project ARK (Advancing Resilient Khmer) in Cambodia. With a background in counseling, Patrick has devoted his career to helping young adults overcome substance abuse and assisting adolescent refugees in developing adaptive life skills. His work is grounded in compassion, relationship-building, and community empowerment.

Patrick’s journey in mission work has taken him across Latin America, Africa, and Asia, including service with Asian refugees in Texas. For the past five years, he has focused on supporting exploited workers and survivors of human trafficking in Cambodia. His heart for this work reflects his deep belief in restoration and the dignity of every person.

Project ARK’s mission is to address poverty as a root cause of human trafficking, offering practical solutions that help individuals regain independence and self-worth. Through training in the construction trade, the project restores both livelihood and dignity to participants.

Recently, Project ARK expanded its work by training communities to build and maintain rainwater collection systems for rural schools, churches, and community buildings. Participants from Laos, Myanmar, Mongolia, Korea, the Philippines, Cambodia, and Vietnam came together to learn not only the technical skills but also how to engage their communities for long-term sustainability.

The first system was installed as part of a new vocational training school project in rural Cambodia, now serving over 100 students with courses in language, computer skills, and personal development.

Please join us in praying for Patrick Booth and Project ARK as they continue to bring hope, healing, and opportunity to communities across Cambodia and beyond.



# JANUARY COMPASSION OFFERING



Food insecurity is a reality for many people in our community. This January, you have the opportunity to help ease the burden for families facing this challenge. The Compassion Offering will support the meals that Heart of Longmont volunteers prepare at the OUR Center on the second Saturday of each month. The cost of purchasing

food and supplies for these meals is approximately \$250 to \$300 per month.

The OUR Center currently provides about 4,700 meals each month, primarily to families in our community—and the need is expected to grow in 2026.

Jesus fed the hungry and calls us to do the same. Together, we can continue to share his love through nourishment and compassion.



# A CHANGE TO SUNDAY DONATIONS



The Ministry Design Team is proud to announce a change to Heart of Longmont’s altar decorations and Sunday flower donations. After prayerful consideration and the many thoughtful comments from our congregation, starting in January 2026, in lieu of flowers, we will be asking for Sunday worship service donations towards our Blessing Box or other church cause that may call you.

Sign up on the board outside

of the sanctuary (the same as you did for flowers). Pick a Sunday and put your name and what event/person you will be honoring/remembering with your donation. Your memoriam/tribute will be displayed in the slides before worship service. We ask a minimum \$25 donation (the same as the current price for flower bouquets). Bring in or mail a check to the church office with a note on the memo line where your donation should go (e.g. Blessing Box, Youth, etc.).

The altar will be decorated every Sunday with seasonal, reusable silk arrangements and other decorations.

Special flower bouquets can still be displayed on the altar. If you would like

to donate a bouquet, please purchase one and bring it to the church. Let Virginia in the church office know you will be bringing a bouquet and the in memory/in honor message you would like displayed in the worship service slides. You can take your bouquet home with you after service.

Thank you to everyone who shared their thoughts and comments (each one was read and considered) about this change to reflect Heart of Longmont’s values, address food insecurity in our community, and give more opportunities for our generous hearts to put more of God’s love into the world.

# HOL IS GROWING!


Did you know that we have had 25 new people join our church in the past year? Growing mainline churches is not the norm, but we all know that Heart of Longmont is far from “normal”! We work hard to reach those who feel lost and make them feel found, to make those who feel unseen feel seen, and helping those who need it. Leaning hard into the values of social justice and who we say we are—like embracing all of God’s children regardless of age, gender, color, or social standing—has helped our church grow.

If you or anyone you know has interest in learning more, keep an eye on the Weekly Pulse for information about our New Member Orientation in January!

# MERRY CHRISTMAS AND HAPPY NEW YEAR FROM THE YOUTH!

The HOL Youth are busy with year-end fundraising and holiday activities! Look forward to an update on what they’ve been up to and what they’re planning for the upcoming year in the February Heart Newsletter!

# ON MISSION IN GUATEMALA WITH ODIM



from *Tricia Grafelman*

Our hearts are full but minds whirling over the question: “What else can we do?” It’s a strange combination of being grateful that one can help others and at the same time feel like you are not doing enough. God asks us to “serve the stranger”, to love others, to trust in Him.

Our Guatemala Adult mission team did just that this November as we traveled to the Lake Atitlan area to serve with the Organization for the Development of the Indigenous Mayan (ODIM). Our bags were

laden with medicines that are difficult to get there; toys and school supplies not only for ODIM children but also for the La Academia school students in Antigua; and over 100 Days for Girls menstrual kits.

While there, we built well-ventilated wood burning stoves for the residents in San Juan and San Pablo, doing our best to learn names and smile graciously when language was a barrier. The bright colors of Guatemala and the slower pace remind us to look at life through different lenses.

As it is with most mission trips, we come away feeling changed and hoping that we made a difference for those in Guatemala who are just trying to cook a good meal

without inhaling smoke.

Cultural experiences where we get out of our comfort zone are so important to understanding ways of life unlike our own. God wants us to see through others’ eyes.



# HOL FOR THE HOLIDAYS!

## CHRISTMAS WITH HOL CFM

Hi Heart of Longmont family,

December is upon us and you know what it means—a season filled with Christmas joy! This Advent season, we will be focusing on love and hope as we prepare our hearts for the coming of Christ.

I am excited to share that the children will lead a **Christmas program** during the Sunday morning service on **December 21**. We will be practicing during the Children’s Church throughout December, and I will also share all the resources so children can practice at home if they’d like.

More good things are coming! We just bought a **new curriculum** that is designed for children and youth, ages 0-18. This will come with an app you can download and see what your kids are learning, provide prompts for discussions, playlists, and more. The app will be ready to launch in early February.

A very special thank you goes to **Marty Allison, Angie Roberts, and Sara Morgan** for helping put together the Chrismon making event. When you pass the Chrismon tree, take a moment and enjoy not just the sparkle but also everything it represents: love, hope, and God’s promise to us.

Children’s church continues to be such a joy. We have a wonderful group of kids! I would love to hear from you: What’s working especially well for your child? What would you like to see more of? Please reach out to me at [cfm@heartoflongmont.org](mailto:cfm@heartoflongmont.org) or come chat with me on Sunday after church.

**Security Update**

We will keep the hallway doors closed during Children’s Church. If you are running late or need to pick up your child early, please ring the bell.

**Mark your calendars:**

*Pizza Playtime* - Dec 11, 2025 at 4:30-6:30 PM in Wesley Hall  
Join us for an easy dinner and family fun! Open to ages 0-5, siblings welcome!! We will provide Pizza and munchies.

*Love Came Down at Christmas Children’s Christmas Program*  
Dec 21, 2025 at 10 AM. All ages welcome!

May your days be merry and bright,

— JANA, CFM DIRECTOR

## ‘TIS THE SEASON FOR BELL RINGING

Heart of Longmont will be ringing the Red Kettle bells again this year. It is a wonderful service to the whole community—especially for those who need a lift during the holiday season. We will be ringing for three Saturdays in December at two locations so make your choice and sign up quickly before all the spots are filled! Shifts are usually 1 hour (unless you’d like to do 2 hours!). This is a fun family activity for the holidays. There will be sign up sheets at the Connection Center.

Available days are:

- Saturday December 6 from 2 PM to 6 PM at King Soopers North Main
- Saturday December 13 from 10 AM to 6 PM at Sam’s
- Saturday December 20 from 10 AM to 6 PM at Sam’s

If you have questions, contact Marty Allison.



## ADVENTURERS ADVENT STUDY

Interested in an Advent Study? The Adventurer’s Adult Ministry will be discussing HOPE, PEACE, JOY, FAITH, and LOVE Sunday mornings at 8:45 AM in the Parlor. You are invited to join them!





**A Thrill of Hope**  
*Christmas Cantata*  
by Joel Raney

Sunday, December 14  
10:00 AM  
at Heart of Longmont



**Blue Christmas Service**

Sunday, December 21  
2:00 PM at Heart of Longmont

Brief reception with cookies and coffee after service.



**Christmas Eve Services**  
at Heart of Longmont  
Wednesday, December 24

Family Service 4:00 PM  
Family-friendly service with nursery coverage and interactive children's time!

Traditional Candlelight Service 7:00 PM  
Candle-lit caroling, beautiful music, and a meaningful message celebrating Emmanuel.

SPECIAL SERVICES AND CHRISTMAS EVE

A THRILL OF HOPE  
CHRISTMAS CANTATA

Our Christmas Cantata will be on Sunday, December 14 at 10:00 AM. Join us in person or on our YouTube channel for the livestream! The cantata service will feature a performance by our chancel choir, the bell choir, and a special guest orchestra. We hope you will join us for *A Thrill of Hope* by Joel Raney, directed by our music director, Ariel Flach.

BLUE CHRISTMAS SERVICE

Blue Christmas service will be on Sunday, December 21 at 2:00 PM at the Heart of Longmont. This meaningful service will be held in the sanctuary and will be live streamed to our YouTube channel. We hope you will join us online if you cannot be with us in person. There will be an opportunity to light a candle for a loved one and a meaningful message. A brief reception with cookies and coffee will follow.

CHRISTMAS EVE SERVICES

Christmas Eve is Wednesday, December 24! We will have two Christmas Eve services: One at 4:00 PM, which will be family-friendly and have lots of nursery coverage and an interactive children's time. The second will be a traditional candlelight service at 7:00 PM. There will be candle-lit caroling, beautiful music, and a meaningful message celebrating Emmanuel. God with us!

COMMUNITY  
CHRISTMAS  
BASKETS FOR WILD  
PLUM FAMILIES

In a season where joy is not always the most prominent emotion, especially for those who struggle to make ends meet, the gifts you provide for our Wild Plum families make all the difference in the world.

Heart of Longmont congregants have the opportunity to choose a Wild Plum family in need of extra help this Christmas. We ask that you provide a gift for each member of the family. Usually, we invite folks to buy one clothing item and one toy for the Wild Plum student, then one gift for siblings and maybe a gift card for the parents. Get creative and have fun shopping!

Baskets are to be brought to the church by Sunday, December 7, so they can be

organized and prepared for families to pick them up at the end of that week.

If you choose to wrap gifts in the basket, please use non-religious wrapping. We invite you to say a prayer for your family as you shop for them and as you get the gifts ready.

Baskets will be stored on the balcony, so we apologize for any inconvenience to those that sit up there regularly!

Thank you to our two fearless leaders, Jean Malchow and Diane Elder who have been organizing this year's Christmas Family Baskets. Also THANK YOU to anyone who has already chosen a family to support!



**We Are A  
Community  
That Prays**

Send your prayer requests to  
prayers@heartoflongmont.org

**Submissions?**

Do you have a worshipful moment, memorable experience, story, photo, or other interesting Heart of Longmont tale you'd like to share with our community? Send them to  
digitalcontent@heartoflongmont.org!

SANTA'S COMING  
TO HOL!

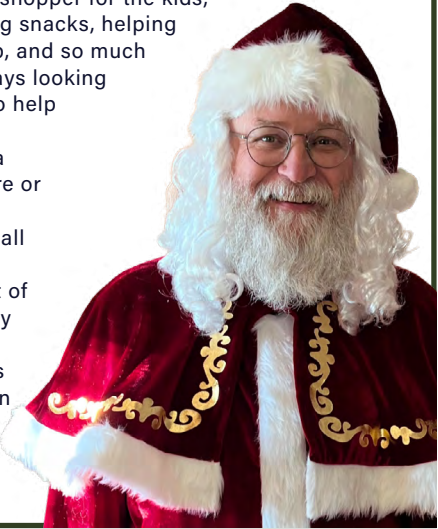
The count down to one of our biggest events of the year has begun and Santa needs YOUR help!

Wesley Hall is filling up with gifts for children, moms, dads, teens, and grandparents but you still have time to drop off new or gently used gifts that you would feel comfortable giving as a gift to a loved one. (No clothing, decorations, or household goods, please! This is not a garage sale and kids will not pick these as gifts.) We also need wrapping paper, tape, and gift bags! You can also donate money towards the event. Every little bit helps bring Christmas joy and smiles to the kids' faces!

There are a few more volunteer slots available so don't miss out on all the fun! [Click here \(or contact the church office\) to sign up](#) to help on Sunday, December 7, from 2 PM to 5 PM. We need help organizing donated gifts and setting up the workshop for kids to shop at, wrapping gifts, being a personal shopper for the kids, making cookies, serving snacks, helping with crafts, cleaning up, and so much more! We are also always looking for Spanish speakers to help with translation!

Contact Tricia Grafelman to learn more or if you have questions.

Thank you to all who have helped make this event the highlight of the holiday for SO many families in need! Be on the lookout for pictures from this year's event in the February edition of the Heart Newsletter.



Would you like to receive our Weekly Pulse updates and monthly Heart Newsletter?

Scan here to join the mailing list!





## From Casa de Paz

### Our November Guests



As the air turns crisp and the days grow shorter, November invites us to slow down, reflect, and give thanks. Whether you're looking forward to cozy moments, holiday gatherings, or simply wrapping up the year strong, we're here with updates.

*Here's what's new this month:* Forty five people were released from Geo, with

twenty four of the them coming to Casa! We had 15 countries being represented among them: Cameroon, China, Colombia, Cuba, Egypt, Eritrea, Guatemala, Honduras, Iran, Israel, Kosovo, Mexico, Nicaragua, Peru, and Venezuela. Yes; we welcomed our first guest this year from Kosovo this past month!

From Casa de Paz's email newsletter. If you want to receive their newsletter and support their work, visit their website [casadepazcolorado.org](https://casadepazcolorado.org) to sign up.

## From HOPE Longmont



### When Theft Struck HOPE, Our Community Stepped Up

Two weeks ago, our storage shed was unfortunately broken into, resulting in an estimated \$4,000 loss of essential winter supplies. But thanks to the incredible generosity of our community, we've been able to fully restock our emergency inventory.

Thanks to our wonderful donors, 50 sleeping bags have already been distributed this winter, helping prevent frostbite and illness among those unable to find shelter. These supplies are not only life-saving, they also serve as a bridge to connection and trust, opening the door for individuals to seek more stable, long-term support through HOPE's programs.

From HOPE Longmont's newsletter. If you want to receive their newsletter and support their work, visit their website: <https://hopeforlongmont.org/>. You can also volunteer to help serve meals through HOPE at Heart of Longmont. See the Opportunities to Serve section below.

## From Longmont Food Rescue

### Free Weekly Food Distributions at 1PM EVERY Sunday!

Odd weeks (1st, 3rd, 5th Sundays of each month) will be our walk-up distribution at Collyer Park

Even weeks (2nd & 4th Sundays of each month) will be our drive-up distribution at the Longmont YMCA parking lot

### Celebrate HOPE: What did we accomplish?

After expenses, we successfully raised over \$7,000, funds that will go directly toward supporting HOPE's programs and operations.

That's the equivalent of providing one of the following essential resources:

- 70 Zero Degree Sleeping Bags
- 500 Standard Sleeping Bags
- 1,100 Sack Lunches
- 140 Pairs of winter Boots
- 120 Winter Coats
- 4,500 Pairs of socks

*\*These numbers are estimates based on previous purchases for our clients to show the value in each subsection of essential costs. Funds raised are used at HOPE's discretion based on the area of need\**

# CRISIS RESOURCES

### THE NATIONAL SUICIDE HOTLINE

1-800-SUICIDE (1-800-784-2433) or visit [suicide.org](https://suicide.org)

### TRANS LIFELINE

877-565-8860

Peer support service run by trans people, for trans and questioning callers. Available 7am – 1am PT / 10am – 4am ET

### COLORADO CRISIS SERVICES

844-493-TALK (844-493-8255)

or text HELLO to 7417

Available 24/7.

24/7 Walk-In Center at 3180 Airport Road Boulder, CO 80301

Find another walk-in crisis center: [www.ColoradoCrisisServices.org](https://www.ColoradoCrisisServices.org)

### TREVORLIFELINE

866-488-7386

A crisis intervention and suicide prevention phone service for LGBTQ+ young people under 25, available 24/7.

### TREVORTEXT

Text "START" to 678678. Standard text messaging rates apply.

A crisis intervention and suicide prevention phone service for LGBTQ young people under 25.

Available Monday through Friday between 3pm – 10pm ET / Noon – 7pm PT

### NATIONAL SUICIDE PREVENTION LIFELINE

Call 988

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals. También en español.

### VETERANS HELPLINE

1-844-493-8255

You're not alone—the Veterans Crisis Line is here for you. You don't have to be enrolled in VA benefits or health care to call.

The holidays and winter months can be a most difficult time for many. If you are struggling or in crisis, please contact one of the crisis lines above or reach out to one of our community partners for help. **We want you to be here for many years to come.**

## HOL ADULT DISCUSSION AND FELLOWSHIP GROUPS

### Faith and Reason Adult Study Group

We watch videos and discuss topics like Comparative Religion, the New Testament, and Early Christianities. Sundays from 8:30 AM to 9:30 AM in person and via Zoom Contact Sandy Rabenhorst for more information.

### Adventurers Adult Ministry

Talk about tough and meaningful topics in a safe environment while at the same time growing in your faith journey! Members in this group range from 40 to 90 years old. Sunday mornings 8:45 AM to 9:45 AM. Contact Tricia Grafelman for more information.

### Men's Fellowship Group

Men of all ages are invited to join this discussion group.

Meetings are typically at the organizer's home. A meal is provided followed by a time of discussion. Contact the church office for more information.

### Monthly Meditation Class

The meditation class is back on the following dates at noon in the Chapel! No experience necessary! Friday, December 12

### Pack and UnPack

Join Pastor Angie to discuss last Sunday's sermon or other special topics Tuesdays at 12:00 PM. Bring your lunch!

### Brotherhood and Brews

A relaxed space for guys in their 20s through 50s to connect over conversation, life, and a cold drink. We meet once a month. Contact the church office for more information.

## UWF CIRCLES

### Lydia Circle

Jean Malchow and Linda McDaniel (co-chairs)  
Second Monday of the month at 6:00pm in the Gallery.

### Sarah Circle

Ann Yoder (chair)  
3rd Thursday of the month at 9:30am in various homes.

### Elizabeth Circle

Linda Morris (chair)  
3rd Monday of the month at 1pm in Room 104.

### Deborah Circle

Sara Morgan  
Contact the church office for dates! Little ones are welcome! Child care will be provided.



Recovery Café Longmont is a community of refuge and healing for people in recovery. Recovery Café Longmont supports adults as they rebuild their lives and recover from substance and/or alcohol use disorder, mental health challenges, trauma, and other life challenges. They strive to stand in the gap between crisis and stability by fostering community-building and life-empowerment.

If you or a loved one need help and support in recovery, contact Recovery Café at [info@recoverycafelongmont.org](mailto:info@recoverycafelongmont.org) or 720-815-2885

Visit Recovery Café's website [recoverycafelongmont.org](https://recoverycafelongmont.org) for information on how to support their work, information on becoming a member, and other resources.

## OPPORTUNITIES TO SERVE

### Meals for Youth Group Meetings

If you can help provide, serve, and clean up meals for the youth group on Sunday evenings this year, sign up in at the Connection Center or contact the church office!

### Blessing Box

The Heart of Longmont's food pantry, the Blessing Box, would be happy to receive any of your non-perishable, still in date food items! You can drop them off just inside the side door of the church in the "Blessing Box" cabinet.

### Days for Girls

For our continuing project of providing menstrual health kits for girls in developing countries, we are in need of Girls' Underpants in sizes 10, 12, and 14. Brief style and 100% cotton

only! Please put them in the Days for Girls drawer in the Gallery. Thanks for helping us keep the girls in school!

### Are You Interested in Helping Out on Sunday Mornings?

There are opportunities to serve Sunday mornings during and after worship! We need greeters and folks to help out with hospitality and coffee hour/fellowship time. Contact the church office if you are able to help!

### Serving HOPE Meals

Help serve meals to HOPE's clients! Meals are served at The Journey on Pike Road. Sometimes we need substitute meal servers on the second and fourth Fridays from 5:30 to 7:00pm. If you are interested in being on the sub-list, please contact Marty Allison.

## Give Online



Scan here to give to HOL programs  
and compassion offering.  
Thank you for your generosity!

## Worship With Us!

Join us for worship every Sunday at 10:00 AM  
in person or online on our YouTube channel!  
We look forward to seeing you there!

## Follow Us on Social Media!



[www.youtube.com/HeartofLongmont](https://www.youtube.com/HeartofLongmont)



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[@heartoflongmont](https://www.tiktok.com/@heartoflongmont)

## HOL Cares About Your Health

This is a precarious time for public health, and especially for our friends and neighbors who are immunocompromised, disabled, or otherwise at risk.

Please continue to show love and respect for all our friends, neighbors, and siblings in Christ and stay home if you are experiencing symptoms of respiratory or other illness in order to curb the spread of disease. We still encourage you to wear a mask and practice social distancing.



## CONTACT US

Heart of Longmont  
350 11th Ave  
Longmont, CO 80501  
303-776-3523  
[office@heartoflongmont.org](mailto:office@heartoflongmont.org)

The Heart of Longmont office is open  
Tuesday, Thursday, and Friday, 9:00 AM - 3:00 PM.

[www.heartoflongmont.org](https://www.heartoflongmont.org)

## OUR MISSION

Putting More of God's Love Into The World; Helping all persons find deeper meaning and God's purpose for their lives as committed Christ-followers.

Serving as the Heart of Longmont means:

We will welcome all persons, without reservation or judgment, just as Jesus Christ would do.

We will work tirelessly by entering into intentional acts of compassion and social justice to make our community a place where God's love is known by all, where poverty and deprivation are unknown by any, and where respect for the worth and dignity of each person is the norm.

We will respect and honor other religious traditions while choosing Christ as our way of knowing God best.

We will emphasize life-long learning so that we may engage our world from a dynamic and creative perspective.

We will work to protect God's creation.

We will practice stewardship of all aspects of our lives, including time, talent, financial resources, and spiritual gifts.